



BLACK BELT ACADEMY

10453 S. Parker Road - Parker, CO 80134

Parents: This list is a belt requirement. The completed list is expected to be turned in on the first class of each week. It's intent is to help your child develop black belt excellence in all areas of life as a parent, it's important to use this list to monitor your child's outstanding accomplishment outside of this martial arts school. We believe that this is an important aspect of martial arts training for children.

www.karate4kids.com

To Do List

(303) 841-2145

MON. TUE. WED. THU. FRI. SAT. SUN.

Household Contributions

Straighten up Room							
Put personal belonging away							
Put dirty clothes in laundry							

School

Complete homework on time							
Use black belt effort in class							
Have black belt respect for teachers & friends							

Family

Complete assigned chores							
Have black belt respect for entire family							
Help with younger brother or sister							

Self- Development

Practice martial arts 15 minutes							
Read and/or study outside of school							
Stay focused on written goals							

Name:

Date: